



# **CESHUNT u3a**

Registered Charity No. 1150779

## **MEETING THURSDAY 27<sup>th</sup> MARCH 2025**

**This month's speaker** will be Steve Dimmer on "*Ooh, Matron; a history of Carry On films*". 32 films were made between 1958 and 1992 and their reputation for bawdy fun has never disappeared.

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**Next month's meeting** will be on Thursday 24<sup>th</sup> April 2025 when the speaker will be Gaye Illsley on the *Importance of a Lasting Power of Attorney*.

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**Cheshunt u3a Committee Election and AGM**  
**will take place at the Main Meeting to be held**  
**on Thursday 24<sup>th</sup> April 2025**  
**See pages 8 and 23**

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**\* CHESHUNT U3A MEMBERSHIP RENEWALS \***

**For April 2025-2026 please see page 3 for dates and details**

## CHESHUNT u3a MONTHLY MEETINGS

Monthly meetings will usually be held on the **fourth Thursday** of each Month at **1:30pm** at the LAURA TROTT CENTRE, Grundy Park, 44 Windmill Lane, Cheshunt EN8 9AJ.

**Please note the doors to the big sports Hall for the u3a Meeting will not open until 1:30pm for registration and perusing the Group tables, book and jigsaw puzzle stalls and refreshments.**



Please bring your membership card to Register at the entrance.  
Meeting commences at 2:30pm.

### VISITORS

A Temporary Membership Fee of £2.00 is charged to visitors and a dated receipt will be given. This confers all the advantages of Cheshunt u3a membership, including Insurance for that month only, during which time a group activity can be joined if there is room, on production of the receipt and payment of any group attendance fee.

### PARKING PERMITS - LAURA TROTT LEISURE CENTRE - MONTHLY MEETINGS - 24<sup>th</sup> April 2025 - 31<sup>st</sup> March 2026

**New permits for 24<sup>th</sup> April 2025 to 31<sup>st</sup> March 2026** are now available for **collection at various tables today** and at the regular monthly meetings, excluding the December meeting.

### RAFFLE

Splash your cash on our monthly Raffle. You have to be present at the meeting to claim your prize.



### REFRESHMENTS TABLE

Tea, coffee and biscuits are available until **2:15pm** during the main monthly meeting.



### SAFETY NOTICE

Following an accident at a meeting, we would remind members, to be very careful when carrying hot drinks.

## **\* IMPORTANT \***

PLEASE READ THE FOLLOWING REGARDING  
ANNUAL U3A MEMBERSHIP RENEWAL APRIL 2025

To make renewal of your membership a little easier we are offering the following opportunities.

Membership will still run from 1<sup>st</sup> April 2025 to 31<sup>st</sup> March 2026

Renewals will be accepted as follows:

<u>Thursday 27<sup>th</sup> March</u>	<u>1:30pm - 2:30pm</u>	<u>Main U3A Meeting</u>
<u>Thursday 24<sup>th</sup> April</u>	<u>1:30pm - 2:00pm</u>	<u>Main U3A Meeting</u>

Payment by standing order is preferred. BACS, or card payment accepted when your renewal form\* is completed. Your New Card will be available for collection at the main meeting from April onwards, not when you pay. Alternatively, if you provide a stamped self-addressed envelope, it will be posted to you.

**Our annual membership fee is currently £15.00 per person.**

*If you wish to continue to receive a copy of the THIRD AGE MATTERS magazine the total membership fee will be £19.00 per year to cover postage costs.*

\* Membership Renewal and New Application Forms can be found at [cheshunt.u3asite.uk](http://cheshunt.u3asite.uk) by clicking on the 'Welcome' page, scrolling down to the Membership page link, for the relevant Form. Please present your completed Form on one of the above dates, or scan and email to the membership secretary on [cheshuntu3amembership@gmail.com](mailto:cheshuntu3amembership@gmail.com).

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## **GIFT AID**

***We are introducing a Gift Aid facility to our u3a Membership starting from 1<sup>st</sup> April 2025. If you are interesting adding Gift Aid to your membership please obtain a form from the Membership table.***

## **Treasurer's Annual Report at 31<sup>st</sup> October 2024**

This report is to be read in conjunction with the Accounts which are available at the registration desk and which should be read when you've a spare moment or two and then brought along to next month's meeting when we will have our AGM. If you have any questions relating to the accounts, please send them to our Secretary at least two weeks before the AGM which is on 24<sup>th</sup> April 2025.

On the reverse of the front page is the Trustees' Report, which lists the Committee (Trustees) who were elected by you at the last AGM on 25<sup>th</sup> April 2024. There were no further changes to the Committee during the accounting year, although Brian Peel has agreed to shadow me for the foreseeable future.

Following on from the Notes to the Accounts page, is the full set of accounts and you will see the increase in our membership fees to £15.00 per person has generated over £12,400.00. Along with the monthly sales of Books, Puzzles, Raffles and Refreshments plus an enormous amount of almost £119,874.00 generated by you - the members - to the many Group activities have boosted our Receipts to £134,278.00.

The payments - listed below the receipts - amounted to almost £126,339.00 but still meant we finished the year with an excess of receipts over payments of £7939.00.

The next sheet shows a list of Sundry Expenses, amounting to £3,300.00 while the following one shows the individual Groups who pay money in and out of the bank and gives their individual balances at the year end. All Receipts and Payments are reported to the Committee on a monthly basis at the Committee Meetings.

The final sheet is from our Independent Examiner - Mrs. Christine Hewkin - who checks through the records each year and who I should like to thank once again for her work this year.

**Rob Scott Treasurer**

**© PARKING PERMITS - LAURA TROTT LEISURE CENTRE - MONTHLY MEETINGS - 24<sup>th</sup> April 2025 - 31st March 2026**

**New permits for 24<sup>th</sup> April 2025 to 31st March 2026 are now available for collection at various tables today and at the regular monthly meetings, excluding the December meeting.**

## Chair's Annual Report 2025

Cheshunt u3a, now in our fifteenth year, continues to be a vibrant organisation to which so many members voluntarily give their time organising activities, arranging meetings, and dealing with all the administration requirements to make it run smoothly. We have welcomed lots of new members during the last year. Obviously at the same time previous members have left us for one reason or another. However, our membership numbers have remained steady in excess of 800 members.

Attendance at our monthly meetings has really been impressive this year; something which frequently takes our speakers by surprise! I am sure attendance is often such that we would have struggled with the capacity which Wolsey Hall used to provide.

I would like to thank all those members who continue to lead our extensive range of groups, ably supported by our Groups Co-Ordinator Frank Sluter. Although a few groups have closed over time a number of new groups have been started or have been re-activated in the last year. It is also good to see members old and new stepping forward to act as Group Leaders.

As well as the numerous activity/hobby groups we now have lots of outdoor pursuits on offer. As well as the physical activities we have plenty of opportunities to travel by coach or train to interesting places in London and the Home Counties. Members also now have many more opportunities to take longer breaks with several groups now organising holidays further afield.

The group leaders make their own decisions, and we can only offer the opportunities those leaders are prepared to take on. If a group is full or does not operate the way you want it to then do, please, step forward yourself and start up a separate group. We continue to participate in a Group Sharing Agreement with several other local u3as which gives members the opportunity to enjoy further activities not usually provided by Cheshunt u3a.

As usual our monthly talks have covered all manner of things. In the past year talks have included wildlife in India, the first Enigma codebreakers, Midshires Search and Rescue, beekeeping, stupid criminals and the music of Simon & Garfunkel. We also enjoyed a virtual tour around Camden and Kings Cross, a much more pleasant area of London than it used to be.

It is now some eight years since our u3a moved from Wolsey Hall to the Laura Trott Centre. We have overcome the sound issues of a Hall designed for sports, by investing in our own equipment and I must once again thank Stewart Walter, our Vice Chair for

continuing to control the sound system at our meetings. We have regretted the occasions when speakers have insisted on using their own sound systems because these never cope with the poor acoustics. After the poorly received entertainer in December 2023 we decided it would be better to go in-house in December 2024 and our very own 'A-Train' and 'Singing for Fun' groups entertained us suitably instead. This was well-received, and it has been decided to do likewise in December 2025, with a few modifications.

As a committee we feel it is important to maintain links with other local organisations at the monthly meetings; therefore, along with the regular interest and group tables, we offer local community groups the opportunity to highlight their activities. Unfortunately, community groups who have expressed an interest in attending have not been as forthcoming in the past year and we have therefore only made limited use of our community table.

According to the Third Age Trust website nationally there are more than 1,000 u3as with around 400,000 members. Each u3a is a mutual aid organisation, operationally independent but a member of the Third Age Trust, which requires adherence to the guiding principles of the u3a movement. All u3as are encouraged to hold special events to raise the profile of our organisation. Cheshunt u3a were able to participate again in September 2024 by running an Open Day Event at Tesco Brookfield Centre and we are grateful to their Community Champion Lynn for resolving some legal difficulties by facilitating this within the store. We were pleased our newly elected MP, Lewis Cocking, agreed to support us by attending on the day.

During the year our speaker secretary and raffle organiser Sue has liaised with Tesco Community Champion Lynn who has arranged a lovely Tesco hamper every month for our raffle draw. We are very grateful to Lynn who has become a welcome friend to Cheshunt u3a.

Cheshunt u3a could not operate successfully without the dedication and commitment shown by all of those serving on your committee and I thank them for all the unseen work they take on throughout the year. I have valued the support I have received from the committee in the three years that I have been Chair. They all have their individual roles, and I feel we have worked together very much as a team, in a friendly atmosphere with mutual respect and a unity of purpose. I must pay further tribute to our Vice Chair Stewart Walter. It never ceases to amaze me how he copes with producing comprehensive minutes at our meetings, while also participating fully during and after meetings undertaking numerous follow up

tasks. He resolves issues at our monthly meetings and liaises with the speakers and controls the sound levels.

Along with the committee I would also like to thank the Group Leaders who do such a good job in organising the activities so much enjoyed by the members.

We remain grateful for the support we receive from the staff at the Laura Trott centre. They have worked with us ever since we were forced to move from Wolsey Hall in 2017, providing us with storage facilities and setting up the Sports Hall in accordance with our specifications. We have also called upon their First Aid support on several occasions.

Every member plays a part in making this a pleasant and vibrant organisation to be part of. It is run by the members for the members, and I believe this collective spirit will ensure Cheshunt u3a continues to be a place people want to come to enjoy activities, make friends and help make it fun for everyone.

**Steve Sell     Chair**



## **CHESHUNT U3A WEBSITE**

Our website address is <https://cheshunt.u3asite.uk>.

Find this Programme and forthcoming Events on our Website.

Please send any u3a group/activity photographs or content for the Website via the email address [cheshuntu3aweb@gmail.com](mailto:cheshuntu3aweb@gmail.com) or to the Website Co-ordinator via the 'Contact' page on the Website.

This programme is normally available on the website about three days before the monthly meeting.

## **GROUP LEADERS**

### **PROGRAMME ENTRIES**

April's Programme Copy is required by  
Close of Play on Tuesday 15<sup>th</sup> April 2025.

Please email copy to:  
[cheshuntu3aprogram@hotmail.com](mailto:cheshuntu3aprogram@hotmail.com)

**\* Cheshunt u3a AGM 24<sup>th</sup> April 2025 \***

*At the meeting on 24<sup>th</sup> April, we will be holding our 14<sup>th</sup> AGM which will start at 2:10pm prior to the raffle and guest speaker.*

*The AGM is an opportunity for members to raise questions with the committee about the way our u3a operates.*

**Any questions for the AGM or nominations for new committee members (proposed and seconded) should be submitted to: [Cheshuntu3asecretary@virginmedia.com](mailto:Cheshuntu3asecretary@virginmedia.com) on or before 10<sup>th</sup> April 2025. Nomination Forms available at the Information Table.**

See Page 23 for the AGM Agenda



The Exploring London Group 1 at the Old Bailey

# Cheshunt u3a Groups 2025

## **NEW MEMBERS' GROUP**

Jan Speller 07856 956945

If you are thinking of joining us you can meet a welcoming face in the Laura Trott Café from **12:45pm on the fourth Thursday of the month** prior to our main meeting.

\* \* \*

Our aim is to aid new members find, through the various special interest groups, fulfilling and enjoyable experiences and also explore how your own life experiences and interests can contribute to the u3a. Please visit us at our table for more information

## ? **AFTERNOON QUIZ**

Mary Hanney 01992 426341

Nothing planned for **April**, next quiz will be in **May**. Date to follow at the April Meeting.

## **BACKGAMMON & SCRABBLE**

Frank Sluter 07704 730421

Learn how to play the exciting and challenging game of Backgammon. Tuition given and boards provided. We meet at **Tesco Community room, Brookfield** on the **third Thursday at 10:00am**. Next meeting **17<sup>th</sup> April 2025**, all welcome.

## **BADMINTON/TABLE TENNIS** Stewart Wagstaff 07594 475051

The group meets **every Monday** evening at **7:15pm-9:15pm**. The Venue is Goffs Churchgate Academy, College Road. We have two Badminton courts and three Table Tennis tables. This is a social group and the abilities within the group are quite wide! If interested please make contact, to check availability of places.

## **BIRDWATCHING GROUP**

Brian Fitzjohn 07709 455991

In March we visited Rainham Marshes and observed many dozens of types of birds including marsh harrier, cetti's warbler, redshank, Reed bunting, whimbrel, pintail and avocet.

The group meets on the **second Monday** of the month, so the next meeting will be on **14<sup>th</sup> April 2025**.

We are a relaxed and friendly group, meeting in the morning and spending a couple of hours on a gentle stroll, watching birds as we go.

 **BOLIVIA** Sylvia Lyons 07851 055346

Dates for Bolivia are **every Monday at 2:00pm**. New members always welcome for a light-hearted afternoon of cards. Bolivia is a derivation of Canasta played with three packs of cards. If anyone would like to play or learn how to play, please come along and enjoy a very sociable afternoon.

St. Clements Church, Cheshunt Wash, EN8 0LU opposite Hillview Gardens.

 **COACH TRIPS** Heather Douglas 07984 791184

Llandudno holiday labels etc to be collected at the April meeting.

Felixstowe, **Tuesday 20<sup>th</sup> May**; seats available at March meeting.

Future trips: revised dates for Stamford and St Neots are now **Friday 25<sup>th</sup> July**.

Whitstable Oyster Festival in September - **date to be confirmed**.

Shopping trip to Lakeside **Tuesday 4<sup>th</sup> November**.

The Xmas trip is on **Thursday 4<sup>th</sup> December** to Henley-on-Thames. It will include a Thames boat trip with afternoon tea.

 **COUNTRY DANCING** Valerie Foster 07704 848363

Our Country Dancing group meets on the **first and third Thursdays** of each month, from **2:00pm-4:00pm**, at Bollescroft. (Next to the disabled parking bays in the Spotlight car park.) We have a caller each time, so there is no necessity to remember the dances. No partners are necessary, as we make sure everyone enjoys the dancing. We are a social group and new members would be made welcome. The cost is £4 per person per session, however, the first visit is free.

My email is [valfoster162@gmail.com](mailto:valfoster162@gmail.com).

 **CURRY CLUB** Mary Hanney 01992 426341

Our next evening meal will be at Mai Thai Restaurant, High Street Cheshunt on **Wednesday 16<sup>th</sup> April at 7:00pm**. Please see me to register your interest.

 **CYCLE GROUP** Stewart Wagstaff 07594 475051

We now turn out around 40 riders **every Wednesday** morning, with some of our groups also riding on **Mondays**. The riders have a mix of electric and conventional bikes. At present there are five separate groups of various abilities meeting at various locations. Most groups

aim to stay off-road on decent tracks within the Lea Valley, venturing further afield at times on quiet roads and cycle lanes. Weather permitting, when there's a Fifth Wednesday in the month, some make a day of it, going much further, with lunch along the way. If interested, please visit our table at the main meeting, or phone.

**EXERCISE GROUP KEEPING FIT** Mary Hanney 01992 426341

**Every Thursday** at the Laura Trott Leisure Centre. Registration **9:30am** class will commence at 9:40am, cost £4.00. These sessions are run by fully qualified instructors, whose aim is to see we have an enjoyable time, whilst trying to stay fit.

**EXPLORING LONDON 1** Sheila Barton 01992 636783  
Pat Smith 01992 623448

Earlier this month 21 of us enjoyed a tour inside the old Bailey, the proper title of which is the Central Criminal Court. It is known as the old Bailey as it is in Old Bailey Street. It was built on the site of the famous Newgate Prison. We went into Court 1 and did role play, playing defendants, juror, clerk of the court and judge. It is the oldest Court room. We then went into one of the modern courts. We also visited the holding cells. The old Bailey deals mainly with murder, rape, terrorism, one of the exceptions was the trial of Geoffrey Archer. Our guide was Jay, who has worked there for over 40 years who was very informative and enthusiastic.

Future events:-

**April:** The Wallace Collection  
**May:** The Tutankhamun Experience  
**June:** Walk around Liverpool Street  
**July:** to be confirmed  
**August:** Afternoon tea

Next meeting:- **Friday 4<sup>th</sup> April 2025, 10:15am** at Cheshunt Free Church.

**EXPLORING LONDON 2** Rosemary Trundell 01992 621155

Regrettably, I have nothing to report this month as our tour of the St Pancras Hotel, scheduled for 10<sup>th</sup> March, was cancelled due to filming at the hotel overrunning. At the time of writing, I am still awaiting their agreement to an alternative date and will advise everyone who had previously paid to come on the trip of the revised date as soon as possible.

Our forthcoming trips are as follows:-

**Tuesday 1<sup>st</sup> April** - Architectural Tour of the Barbican

**Wednesday 14<sup>th</sup> May** - Tour of the West side of Highgate Cemetery

We meet on the third **Friday** of the month at Cheshunt Free Church, but will not be meeting in April as the third Friday will be Good Friday this year. Our next planning meeting will be on **Friday 16<sup>th</sup> May at 11:00am**.

### **EXPLORING LONDON 3** Steve Gollop 01992 629209

Our March trip was a guided tour of the St. Pancras Renaissance hotel. Opening in 1876, the elaborate building was designed by George Gilbert Scott for the Midland Railway. Closing in 1935 and becoming offices for British Rail, the building was granted Grade 1 listing in 1967 thanks to the Victorian society.

Failing to meet fire regulations it closed completely in the 1980's. In 2004 Marriott hotels started to return the building to a hotel, reopening in 2011.

Next trips:

**Southend Coach Trip – April 29<sup>th</sup>** – Cost £15 – the list is now closed. Pick up will be 9:00am outside Papa John's Pizza, Old Pond, Cheshunt.

**Tutankhamun Immersive Experience May 20<sup>th</sup>** – Cost £17 - the list is now closed. Travel details in next month's programme.

Our next planning meeting will be on **Wednesday 2<sup>nd</sup> April – 11:15am** – Cheshunt Free Church.

### **EXPLORING LONDON 4** Steve Sell 01992 443012

The next planning meeting will be on **Wednesday 16<sup>th</sup> April 2025** from **11:00am** at St. Clements Church Hall.

Future events:

**Wednesday 30<sup>th</sup> April** – Tutankhamun Immersive Experience, Excel.

**Wednesday 14<sup>th</sup> May** – Talk and tour of the Poppy Factory, Richmond

**Tuesday 3<sup>rd</sup> June** – Narrowboat trip along the Regents Canal to Little Venice

In February we visited the Tower of London. Unfortunately, it was raining when we arrived so no Beefeater tours were operating initially. Several group members chose to do their own thing.

However, most members toured the Tower together. After some refreshment we visited the White Tower which contains an impressive collection of arms and armour, including the 'Line of Kings' with the royal armours of Henry VIII, Charles I and James II.

Also inside the White Tower is a unique Romanesque chapel, the beautiful 11th Century Chapel of St. John. We took the opportunity for a rest as we stayed here to listen to an entertaining

half hour talk about the history of the Tower of London. After a spot of lunch, the rain had stopped, and we were able to join a tour with Yeoman Warder Wayne Glynn. It lasted well over an hour and was as expected very informative and entertaining. Wayne spared none of the gory details! We still had plenty of time to visit the Crown Jewels exhibition before we returned to Cheshunt.

## **EXPLORING LONDON 5** John Durrant 07515 971162

The Central Criminal Court of England and Wales, is commonly referred to as the Old Bailey, after an adjacent street.

The court has been on the site since the sixteenth century, when it was attached to the medieval Newgate Prison. The current main listed building was completed in 1902. An extension was constructed in 1972 over the former site of Newgate Prison.

The Crown Court sitting in the Old Bailey hears major criminal cases from within Greater London and in exceptional cases from other parts of England and Wales.

On the dome above the court stands the court's symbolic gilt bronze statue of Lady Justice made 1905. She holds a sword in her right hand and the scales of justice in her left. During the Blitz of the Second World War, the Old Bailey was bombed and severely damaged, but reconstruction work restored most of it in the early 1950s, including the interior of the Great Hall which is decorated with paintings commemorating the Blitz. In 1973, the Provisional IRA exploded a car bomb in the street outside, killing one and injuring 200 people. A shard of glass is preserved as a reminder, embedded in the wall at the top of the main stairs.

A plaque is displayed which commemorates the trial of William Penn and William Mead, Quakers, who were tried for preaching to an unlawful assembly in nearby Gracechurch Street. When the jury returned a Not Guilty verdict with which the Judge disagreed, the jury were locked up for two nights without food, water and heating, and a fine was imposed. The jury members applied to the Chief Justice who ruled that a jury cannot be punished for returning a verdict that the Court disagreed with. This ruling still applies today.

After a mock trial in Court Number 1, in which the six defendants were all found guilty, we toured the cells below the courtrooms.

After a fascinating tour, we retired to a nearby hostelry before the return journey to Cheshunt.

Future visits:

**Tuesday 15<sup>th</sup> April** - Neasden Hindu Temple.

**Thursday 8<sup>th</sup> May** - Tutankhamun - The Immersive Exhibition.

**June** - Alexandra Palace - Date to be confirmed.

Our next planning meeting is on **Tuesday 8<sup>th</sup> April 2025** at **10:00am** at the Beaumont Centre.

 **FAMILY HISTORY** Rena King 07870 567684

Please note our small and friendly family history group meet on the **third Monday** of the month [but not if it falls on a Bank Holiday!].

We meet at the Tesco Community Room, Brookfield Centre and there will be a meeting on **Monday 19<sup>th</sup> May 2025 from 2:00pm-4:00pm**. Free parking is still available at Brookfield centre but only for a maximum of four hours. The local bus stops there too. If interested do come along. We will be only too pleased to help solve your research problems.

 **GARDENING GROUP** Carole Malcolm 07810 571606

There will not be a meeting on **11<sup>th</sup> April 2025** as we have arranged a guided tour of Copped Hall on that day. If you are interested in joining us and subject to numbers, come and see us **today** at our gardening table to find out the details. Looking forward to seeing you.

Our next meeting will be on the **9<sup>th</sup> May at 10:30am** at Tesco community room, Brookfield Centre, Cheshunt.

 **HOLIDAY with Cheshunt u3a** Mary Hanney 01992 426341

Warners Nidd Hall, **Monday 7<sup>th</sup> April to Friday 11<sup>th</sup> April 2025** in conjunction with Hertford National Trust. Balance now due. Cheques made payable to Cheshunt U3A. Please see me for the itinerary and pick up points.

Warners Norton Grange, Isle of Wight, **Monday 7<sup>th</sup> July to Friday 11<sup>th</sup> July 2025**. Now fully booked, a waiting list is available if you wish to add your name.

There was sufficient interest shown in the Warners Littlecote Holiday for me to obtain further details, holiday details as follows:

**Monday 22<sup>nd</sup> September - Friday 26<sup>th</sup> September, 2025**, cost £480 based on 45 members travelling, (coach drop off and pick up only).

Warners Littlecote is a Grade 1 Listed Tudor Mansion with stunning grounds. A deposit of a £50 cheque, made payable to Cheshunt U3A, is required to secure your place. Please see me for further details.

## LOCAL HISTORY

Pat Dixon 01992 766832  
Frank Sluter 07704 730421

Our next meeting will be on **Monday 7<sup>th</sup> April at 10.30am**. We meet on the **first Monday** in the month at Brookfield Tesco Community Room. Tea/coffee and refreshments provided courtesy of Tesco.

## LOVE TO DANCE

Jacky Williams 07956 319073  
Roz Hills 07546 216492

Our Love to Dance group meets **every Thursday** morning between **10:15am-11.45am** at Rowlands Scout Hall (which is behind the Beaumont Centre).

We learn a new routine every couple of weeks ranging from Cha-Cha and Jive to Salsa and Charleston and everything in between.

The emphasis is on fun and is a good way of keeping fit and having a laugh in a friendly atmosphere!

The cost of the class is £6.50 including Tea and Coffee.

## MODEL-MAKING

Jack Snary 01992 638046

The group meets on the **first Wednesday** of the month at **2:00pm** in the Crocodile Pub, College Road, Cheshunt EN8 9NQ. Members' interests cover plastic kits, dolls houses, aircraft, trains, boats, war gaming figures, fair-ground rides and vehicles.

**Wednesday 2<sup>nd</sup> April:**

It's all in the detail!

**Wednesday 7<sup>th</sup> May:**

Just plain sailing!

## MORNING WALKS

Rob Scott 01992 445288

After a lot of faffing around I've finally found a venue which is open on a Tuesday and can also provide us with lunch.

It will be on **Tuesday 1<sup>st</sup> April starting at 10:00am** from Whitehill Golf Club, Whitehill, Dane End, Ware. SG12 0JS. We have walked from there before and as usual, they are happy for us to arrive by 9:30am, pre-order our lunches, have our walk and get back by 12:30/12:45pm. It will be about 5.50 miles in length and as of today (Friday), I don't know about mud, but we always come prepared, don't we?

The following month the walk will be from the Feathers, Wadesmill.

 **MUSICIANS UNITED** Peter Harris 01992 429297

We meet **weekly** on **Mondays at 10:00am**.

To date we have 8 members, Saxophonists, Clarinets, Keyboard, Bass guitar and rhythm guitar and percussion. Playing mainly Jazz. Please come along. The standard varies greatly.

At St. Clements Church, Cheshunt Wash, EN8 0LU opposite Hillview Gardens.

 **MUSIC IN THE AFTERNOON** Bernie Broomhead 07890 124852

Current dates are **Friday 28<sup>th</sup> March, 11<sup>th</sup> and 25<sup>th</sup> April at 2:00pm**. Bring along a CD of **your** choice. Anything goes, pop, classical, jazz even Heavy Metal.

**We Have Moved** – New Venue - Community Room, Tesco, Brookfield EN8 0TA.

 **OUT TO LUNCH GROUP** Mary Hanney 01992 426341

No lunch planned for April.

 **PHOTOGRAPHY GROUP** Rodney Dixon 01992 766832

We will be meeting again on **Wednesday 9<sup>th</sup> April at 2:00pm** at our usual venue in Tesco Brookfield, Community Room. Please bring images on a stick. If you want to join our friendly group of amateur photographers, please visit our table at the main meeting.

 **PICKLE BALL** Stewart Walter 07881 703928

Pickleball is a fast-growing sport played on a badminton court with a low, tennis-type net, solid bats similar to table tennis and with a plastic tennis-size ball. It is an active sport requiring reasonable hand-eye coordination, but suitable for older players.

Our session on Wednesdays is currently full, but we will be starting a further session with **2 courts at Laura Trott leisure centre** from **4:00pm-5:00pm on Mondays**. Games generally last around 10 minutes and players rotate between playing and resting.

This is a social session and all equipment is provided. If you are interested and can come along on a Monday afternoon, please contact me for further details.

 **RUMMIKUB** Jenny Christian 07788 676170

Current dates **Friday 28<sup>th</sup> March, 11<sup>th</sup> and 25<sup>th</sup> April at 10:00am**. At St. Clements Church, Cheshunt Wash, EN8 0LU opposite Hillview Gardens.



[dandc@hewkin.com](mailto:dandc@hewkin.com)

## **SEW KNIT PATCH & CHAT**

Chris Hewkin 01992 625709

We meet at St. Clements Church Hall every **first and third Thursday** of the month from **2:00-4:00pm**. We are always ready to welcome new members, so bring along your sewing, knitting, cross stitch, or crochet. Someone will always help with a new skill or a pattern you don't understand. Our **April** meetings will be on the **3<sup>rd</sup> and 17<sup>th</sup> April**.



## **SHORT MAT BOWLS**

Jo Ware [jojocware@outlook.com](mailto:jojocware@outlook.com)

However you roll,  
However you stroll;  
Come along and have some fun,  
with a game of Short Mat Bowls.

This is a friendly, social morning every **Friday at 10:30am-12:30pm** at the Laura Trott Leisure Centre. Registration is at **10:15am**.

Come along and join us for some relaxed, light exercise and a friendly chat. Beginners welcome (bowls are provided).

Car parking is free for players (car registration upon arrival in reception).

From 1<sup>st</sup> April 2025, cost will be £4:40 per session or £4:10 with a 'Friend of Spotlight' card.



## **SHORT WALKS**

Andy Smith 07930 356976

March Walk:- 13 Short walkers had a pleasant walk along the Parkway (a disused railway line) from Highgate to Finsbury Park.

April Walk:- **Friday 11<sup>th</sup> April 2025:-** Meeting at Pindar Car Park (Straight on over the Cheshunt station level crossing) **10:15am** for a **10:30am Start**, we will be walking to and from the White Water Centre on a figure of 8 course totalling 3 miles. 1.5 miles each way with a coffee and a cake and toilets at the Centre.



## **SINGING FOR FUN**

Janet & Barry 01992 425675

The singing for fun group meet on a **Monday** at the Royal British Legion in Crossbrooke Street from **2:00pm-3:30pm**.

We sing all sorts of songs from the 60s, 70s, Country, and music from the shows. We are not a choir, it's just singing for fun, because singing is good for you. We download recordings from Apple and sing along to them and all the lyrics are shown on a screen.

The fee is £3 per session which also includes tea or coffee and biscuits.

Our annual dinner for current members is on **31<sup>st</sup> March** at the Bulls Head, Turnford at **1:00pm**.

 **SPANISH** Christine Dawson 01992 620888

We usually meet **weekly** on **Wednesday afternoons**. The group has been running for some time now and is not suitable for beginners. If you are interested in joining us, please contact me.

 **THEATRE GROUP** Jackie Yeardye 07939 149997

Following the success of the last show we saw we are off to see Only Fools and Horses on the 26th March, at Milton Keynes Theatre.

This will be just before the next meeting. Hopefully it will be an enjoyable afternoon. We should arrive in time to enjoy lunch before the start of the show.

**& Juliet - 7<sup>th</sup> May 2025 at The Cliffs Pavillion - Westcliff On Sea**

This show is now fully booked with a short reserve list.

**Choir Of Man - 29<sup>th</sup> August - Arts Theatre, London**

This show is heavily booked and there is currently 1 seat still available.

### **New Trip**

**Teresa Joanne - 23<sup>rd</sup> July 2025 - King George Dock - London**

This venue is back by popular demand. Price includes a 2 course lunch -Tea or Coffee. With afternoon entertainment. This time it is Music of the 50s and 60s. Price £59.00.

Price also includes Driver's tip and Waiting staff tip. Payment by May meeting latest.

Can we please remind you if you are paying by cash it must be the right money in an envelope and with your name and the amount and the show on the envelope

Also - once the theatre has been paid, refunds can only be made if we are able to re-sell your tickets.

 **WALKING FOOTBALL** John Durrant 07515 971162

We play at Broxbourne Sports Club. We meet on **Fridays 1:30pm-3:00pm**, the cost is £4.00 per head. Rules are simple and the aim is for the games to be both sociable and fun. If interested please make contact by phone or at the monthly meetings.

 **WALKING NETBALL** Jackie Williams 07956 319073

If you haven't played since you left school, or in the last few years you are welcome to join us for a fun hour at 'The Laura Trott Leisure Centre', Inside court at **2:00pm on Wednesdays**. We have a warm up, followed by a few fun drills then play a few games of Netball.  
Contact: Jackie Williams - £4.00 per session.

 **WATERCOLOUR GROUP** Jack Snary 01992 638046

This group has joined with Broxbourne u3a. The Broxbourne Art Group meets in the Bollescroft Main Hall from **10:30am-12:30pm, Mondays** (Bollescroft is the building in the car park next to the Spotlight). The cost is £5.00 per meeting, including tea, coffee and biscuits - car parking is free.

**GROUP SHARING**

*If interested please use contact details:-*

Discussion	Ann Sims	01992 465629
Embroidery	Margaret Cramphorn	01992 441327
Gardening 1	Geraldine Stone	01992 442609
Shakespeare Group	Lee Rayner	07426 447812
Tai Chi	Ann Glover	01992 466808

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 **COMMUNITY NEWS** 

*The groups listed below are independent and not operated under the u3a banner.*

**ADULT BALLET CLASS** 01992 622862 (ask for Jayne)

**Every Thursday 12:00noon-1:00pm** for adults of all ages! An hour's class of gentle ballet moves to improve your posture, flexibility and balance. All in a fun-filled atmosphere at The Valle Academy Studios, Wilton House, Delamare Road, Cheshunt, Herts, EN8 9SG. No experience required. Each class is £6.50.

**BINGO AND SCRABBLE** Celia Carne 01992 633241

**Every Monday and Wednesday 1:30pm** - Beaumont Centre. Rowlandsfields, Turners Hill, Cheshunt. EN8 9BG. The Scrabble Group hopes to get going in the near future.

### **CHAIR BASED KEEP FIT**

Mary Hanney 01992 426341

Cheshunt Free Church, High Street, Cheshunt. **Every Tuesday** at **11:00am-11:45am**. The class is run by a fully qualified instructor, cost is £3.

### **CHESHUNT LIBRARY**

Board Games - **Thursdays 2:00pm** - adult drop-in sessions - no booking required. Free Tea & Coffee.

Coffee Morning - **Tuesday 11:00am-1:00pm**. Free Tea & Coffee.

### **CUFFLEY FLORAL ART CLUB**

Janice Seibert 01992 425696

If you love flowers please come along to our friendly club for demonstrations. We meet in Cuffley Hall at **7:30pm** (doors open 6:45pm), **second Tuesday** of the month (except for January & August). Membership is available, visitors welcome at a charge of £6.

### **FITNESS PILATES**

Sandra Batho 07739 842617

Sandra's Fitness. Classes to suit all ages and abilities at venues in and around Cheshunt. Includes Zumba Gold, Standing & Seated Pilates and Chair Fit. For more information, please contact Sandra on 07739 842617.

### **THE HERTFORD NATIONAL TRUST ASSOCIATION**

Sue Camilleri 07954 416628

We meet on the **third Thursday** of the month, except August and December, at **8:00pm** in Fletcher's Lea, in the grounds of Ware Priory, High Street, Ware, SG12 9AL. We have a monthly speaker and also organise a range of outings and holidays. You do not have to be a member of the National Trust to join us. Visitors welcome - £3.00. For further information please contact.

### **KNIT AND NATTER**

Mary Manning 07795 146461

Now **every Tuesday** at the Royal British Legion, Crossbrook Street. From **1:00pm-3:00pm**. Cost £2.00 including refreshments.

## **PARKRUN**

Eddie Slaughter 07908 546009

A free run, walk, chat, meet up, opportunity to make new friends. Keep fit for all ages, any shape or gender. **Every Saturday morning** at The Gunpowder Park, Sewardstone Road, **9:00am start**. 5K/3.1 miles at your own pace. For further information please contact Eddie Slaughter on 07908 546009.

## **PILATES**

Becky Ashman 07964 631780

We meet every **Friday morning, 10:45am-11:45am** at the Cheshunt Football Club, Theobalds Lane, Cheshunt. A friendly group with a qualified tutor, who will adapt the exercises to your health and capabilities. Please bring an exercise mat or thick towel with you. New members very welcome.

## **TAI CHI**

Aaron [aaron@avsweb.co.uk](mailto:aaron@avsweb.co.uk)

Slow relaxed movement to tone your muscles, feel calm and in harmony with nature.

One hour class from **2:00pm-3:00pm**. We meet at the Scout Hut (behind Beaumont Centre) Rowlandsfields, Cheshunt. EN8 9BG.

Come and try it for free, £4.00 per class after that. Classes are held **every Wednesday**.

**Telephone 07595 041433**

## **WALTHAM CROSS LIBRARY**

Board Games **fortnightly on Fridays** at **2:00pm** - adult drop-in sessions - no booking required. Free tea and coffee.

## **GENERAL NOTICES**



### **JIGSAW PUZZLES AND BOOKS WANTED**

If you wish to donate puzzles and books to help raise funds, please bring them along to the monthly meeting.

## **TRUSTY TRADER BOOK**

The Book is kept on the Information Table to view and is only available at the Monthly Meetings. The trades people listed have done work for members who feel they can recommend them. However, Cheshunt u3a offer no guarantees and suggests you use the lists as guidance only and do your own research. The trades people listed are not endorsed by the u3a.

## **OUR PRIVACY POLICY**

Cheshunt u3a requires a certain amount of private information from its members to enable effective operation. Our Privacy Policy can be viewed on our website <https://cheshunt.u3asite.uk>.

Alternatively, you can obtain a printed copy by contacting the Membership Secretary by phone or at a monthly meeting. Members' information held by Cheshunt u3a will not be disclosed to any third party.



Seen on the March Morning Walk - No Kidding!

**AGM AGENDA for Thursday 24<sup>th</sup> April 2025  
At the Laura Trott Centre**

NB. The meeting will commence at 2:10pm.

Please take your seat in plenty of time.

**Welcome and apologies**

Minutes of the Previous AGM (April 2024)

Matters arising

No matters arising from the last AGM

**Chair's annual report**

Any questions

Proposer and seconder for Chair's report

**Treasurer's annual report**

Any questions

Proposer and seconder for Treasurer's report

**Election of Committee members**

Nominations received for volunteers to replace members of the current committee.

**Appointment of Independent Examiner**

Christine Hewkin is willing to stand again.

Proposer and seconder for the Independent Examiner

**Any Other Business**

*Our next AGM will be held on Thursday 23<sup>th</sup> April 2026  
(Subject to confirmation)*

**Any questions for the AGM or nominations for new committee members (proposed and seconded) should be submitted to:**

**[Cheshuntu3asecretary@virginmedia.com](mailto:Cheshuntu3asecretary@virginmedia.com)**

**on or before 10<sup>th</sup> April 2025.**

## THE CHESHUNT u3a COMMITTEE

CHAIR	STEVE SELL	01992 443012
VICE CHAIR	STEWART WALTER	01992 631592
TREASURER	ROB SCOTT	01992 445288
SECRETARY	CHRISTINE LUFF	01992 621543
ASS SECRETARY	STEWART WALTER	01992 631592
MEMBERSHIP SEC	CHRISTINE FOLLAND	07989 655983
SPEAKER SECRETARY RAFFLE ORGANISER	SUE ALLUM	01992 307019
GROUPS CO-ORDINATOR	FRANK SLUTER	07704 730421
ASS PROG PROD	STEWART WAGSTAFF	07594 475051
RUG CO-ORDINATOR	TONY KNIGHT	01992 622163
WEBSITE CO-ORDINATOR	VANESSA LUCAS	01992 621258
EVENTS CO-ORDINATOR	JOHN DURRANT	07515 971162
SAFEGUARDING	MALCOLM LUFF	01992 621543
COMMITTEE MEMBER	HEATHER DOUGLAS	07984 791184
COMMITTEE MEMBER	ANDY SMITH	07930 356976
COMMITTEE MEMBER	PETER HARRIS	01992 429297
COMMITTEE MEMBER	BRIAN PEEL	

PROGRAMME PROD	RAY LUCAS	07952 465528
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